

## 21-DAY FAST AND PRAY JANUARY 16, 2019

*"Prayer must be aflame. Its passion must consume. Prayer without fervor is as a sun without light or heat, or as a flower without beauty or fragrance. A soul devoted to God is a fervent soul, and prayer is the creature of that flame. He only can truly pray who is all aglow for holiness, for God, and for heaven." - E.M. Bounds*

*"The effective, fervent prayer of a righteous man avails much."*

*- James 5:16 NKJV*

There are at least nine different types of prayer mentioned in the Word of God, over the next few nights we will learn about and begin to engage in each of them.

**1. THANKSGIVING.** Thanksgiving is a kind of praying and scripture tells us that we are to offer thanksgiving or thanks to God.

*"With thanksgiving let your requests be made known to God."*

*- Philippians 4:6*

Many examples of thanksgiving prayers can be found in the Psalms. In 1 Chronicles 16:7-36, we are shown through David's song an excellent example of four elements included in true thanksgiving:

A. Remembering and thanking God for the good things He has done for us.

B. True thanksgiving is expressed when we tell others what God has done for us.

C. In thanksgiving we show God's glory to others.

D. We fully express our gratitude by offering ourselves, our time, and our resources back to God as gifts.

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**2. CONSECRATION.** The prayer of consecration is a way of setting ourselves apart to follow God's will. Jesus made such a prayer the night before His crucifixion:

*“And going a little farther he fell on his face and prayed, saying, ‘My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will’” -Matthew 26:39*

The Prayer of Consecration is the only prayer in which we use the term *“If It Be Thy will”*. In the Prayer of Consecration, we have to use the term “if it be thy will” because the will of God isn't clearly revealed to us in all seasons. Or maybe the will of God is not our own will? Or just maybe the will of God is painful. So we pray, “If It Be Thy will”.

**3.INTERCESSION.** The prayer of intercession is a kind of prayer that includes requests for others as we plead to God on their behalf. We are told to make intercession *“for everyone”* in 1 Timothy 2:1. Jesus serves as our example in this area.

The entire 17th chapter of John is a prayer of Jesus on behalf of His disciples and all believers, it's a prayer of intercession. In intercessory prayer, we pray for the needs of other people and situations. Intercessory prayers can be made in many areas including

- A. Healing for those who are sick
- B. Justice for the poor and needy
- C. Prayers for peace amongst the nations